



DPT Sports  
7500 S. University Blvd., Suite 103A  
Centennial, CO 80122  
720.316.7547

**Your OUT-OF-NETWORK Physical Therapy Insurance Benefits:**

1. Call the number on the back of your insurance card. Select the option that will allow you to speak with a customer service provider, not an automated system.
2. Ask for your physical therapy benefits/outpatient rehabilitation benefits (it may include occupation therapy, speech therapy).
3. Emphasize that you will be seeing an OUT-OF-NETWORK physical therapy provider.
4. For your information, these questions would be helpful to have answered by your insurance company:
  - a. Do I have a deductible (out of network)?  
How much is my deductible?  
How much have I met of it?
  - b. What is my co-insurance after my deductible has been met?
  - c. Do I have a co-pay?
  - d. Do I need a physician written prescription for PT?
  - e. Do I need pre-authorization for PT services?
    - i. If so, is there an expiration date?
  - f. Do I need to fill out a special form for my claim?
  - g. Do I have a dollar amount or visit number limitation for PT?
    - i. If so, what happens after I meet that?
  - h. How can I submit my claim(s): by mail, fax, email?
    - i. What information will I need to have for my claim?
  - i. How soon after my claim will I receive something from you?

**\*This worksheet is available to assist you in reimbursement for your Physical Therapy services; it is NOT a guarantee of payment to you.**

\*If you would like to compare you in-network and out-of-network benefits, you will ask the same questions for IN-NETWORK benefits for physical therapy.